Method Statement title:	Tudor Sailing Club Kayaking Good Practice Guidance 2021		
Linked Risk Assessment:	TSC RA002 - Kayaking Risk Assessment 2021		
Date:	JUNE 2021	Ref No:	TSC MS002

NOTE: The following guidance has been issued for Tudor Sailing Club owned boats and is linked to the Kayaking Risk Assessment 2021. This guidance is not a replacement for the Risk Assessment which is available on the club website.

## Any deviation from these guidelines is at individual's own risk.

## **Daylight Kayaking**

Check and confirm that at least two people in the group have the following

- Accessible mobile phone fully charged or fully charged VHF radio
- Line suitable for attaching to a buoy or other craft
- Whistle

## Additional controls for kayaking at night:

- Ensure someone is aware that you are kayaking and know who to contact if you are late back. Coastguard to be alerted if crew get into difficulty.
- Always kayak with another paddler.
- Always carry a fully charged waterproof torch.
- Glow stick to be clipped to the shoulder strap of all buoyancy aids and activated at dusk
- Club kayaks not to leave the harbour at night-time
- Consider sharing GPS track of location whilst kayaking using a mobile phone app eg Glympse.
- Keep to the edges of the channel

## Guidance for use of club kayaks.

- Visual inspection of all equipment to be completed before each trip (hull, paddles, bung, seats, leash)
- All paddlers are responsible for assessing their own health and fitness to paddle.
- Check weather (including fog) and tide forecast before leaving the slipway. Ensure your ability matches the expected conditions.
- Leave contact details (mobile no) and expected ETA on whiteboard outside Sailing Club male changing room.
- Confirm bung is fitted before leaving the slipway (and remove when storing back in the compound)
- Return wheels to compound for other members to use
- Paddlers MUST wear buoyancy aids while in the boat.
- Be aware of dredger movements.
- Club kayaks may not leave Langstone Harbour unless part of a planned event or with prior authorisation from the sailing committee.
- Wear appropriate clothing.
- Be courteous to other Harbour users and comply with international navigation rules.
- Respect the environment and the wildlife in the Harbour.